

Bestenliste Stand 29.03.2020

| Datum | Bisher erfasste Wettkämpfe in der Statistik | Bemerkungen |
|--------------|--|--------------------|
| 20200112 | LSW-Werfertag in Mutterstadt am 12.01.2020 - Disziplinen Einarmgewicht, Stand-Diskuswurf 3k, Diskus Gr. (+M), Diskus Gr. 3k (+M), Schottenhammer (+M), Igmanderhammer (+M) | |
| 20200115 | LSW-Werfertag in Dormagen am 15.01.2020 (Hallenwettkampf) - Disziplinen Stand-Kugelstoß 5k (+M) | Hallenwettkampf |
| 20200115 | LSW-Werfertag in Dormagen am 15.01.2020 Disziplinen Diskus Gr., Diskus Gr. 3k (+M) | |
| 20200118 | LSW-Werfertag in Tczew (Polen) am 18.01.2020 Disziplinen Diskus Gr. 3k, Stand-Kugelstoß 5k, Schottenhammer | |
| 20200215 | LSW-Werfertag in Dormagen am 15.02.2020 (Hallenwettkampf) - Disziplinen Steinstoß 3k | Hallenwettkampf |
| 20200215 | LSW-Werfertag in Dormagen am 15.02.2020 - Disziplinen Kugelschocken 3k (+M) | |
| 20200315 | LSW-Werfertag in Mutterstadt am 15.03.2020 - Disziplinen Einarmgewicht, Eisenschleuder, Hist. Gewicht, Stand-Diskuswurf 3k, Diskus Gr. (+M), Diskus Gr. 3k (+M) | |

| Disziplin | G1/G2/G3/G4/G5 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | VBG1 | V1G2 | V2G2 | V3G2 | VBG2 | V1G3 | V2G3 | V3G3 | VBG3 | V1G4 | V2G4 | V3G4 | VBG4 | V1G5 | V2G5 | V3G5 | VBG5 | WGes | Datum | WK-Ort | |
|---------------|----------------------------|-----|-------|-------------|-------------|------|---------------------|--------|-------|------|------|-------|-------|------|------|-------|-------|------|------|-------|-------|------|------|-------|------|------|------|------|---------|------------|---------------|-----------------|
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | MHK | 1. | Ploski | Przemysław | 1979 | Gdańsk | POL | 16,19 | | | 16,19 | 15,69 | | | 15,69 | 14,19 | | | 14,19 | 11,54 | | | 11,54 | 8,79 | | | 8,79 | 66,40 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | MHK | 2. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 13,75 | | | 13,75 | 12,85 | | | 12,85 | 11,46 | | | 11,46 | 9,63 | | | 9,63 | 6,97 | | | 6,97 | 54,66 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | MHK | 3. | Tyroliński | Grzegorz | 1976 | Tczew | POL | 13,24 | | | 13,24 | 11,97 | | | 11,97 | 10,73 | | | 10,73 | 8,86 | | | 8,86 | 6,72 | | | 6,72 | 51,52 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | MHK | 4. | Chmielecki | Marcin | 1981 | Tczew | POL | 9,91 | | | 9,91 | 9,46 | | | 9,46 | 8,62 | | | 8,62 | 7,59 | | | 7,59 | 5,86 | | | 5,86 | 41,44 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | MHK | 5. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 10,18 | | | 10,18 | 9,36 | | | 9,36 | 8,75 | | | 8,75 | 7,22 | | | 7,22 | 5,61 | | | 5,61 | 41,12 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | M35 | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 13,75 | | | 13,75 | 12,85 | | | 12,85 | 11,46 | | | 11,46 | 9,63 | | | 9,63 | 6,97 | | | 6,97 | 54,66 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | M35 | 2. | Chmielecki | Marcin | 1981 | Tczew | POL | 9,91 | | | 9,91 | 9,46 | | | 9,46 | 8,62 | | | 8,62 | 7,59 | | | 7,59 | 5,86 | | | 5,86 | 41,44 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | M40 | 1. | Ploski | Przemysław | 1979 | Gdańsk | POL | 16,19 | | | 16,19 | 15,69 | | | 15,69 | 14,19 | | | 14,19 | 11,54 | | | 11,54 | 8,79 | | | 8,79 | 66,40 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | M40 | 2. | Tyroliński | Grzegorz | 1976 | Tczew | POL | 13,24 | | | 13,24 | 11,97 | | | 11,97 | 10,73 | | | 10,73 | 8,86 | | | 8,86 | 6,72 | | | 6,72 | 51,52 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 5,00/6,00/7,26/10,00/15,00 | M40 | 3. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 10,18 | | | 10,18 | 9,36 | | | 9,36 | 8,75 | | | 8,75 | 7,22 | | | 7,22 | 5,61 | | | 5,61 | 41,12 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 4,00/5,00/6,00/7,26/10,00 | M60 | 1. | Drązkowski | Mariusz | 1956 | Zakrzewo Złotowskie | POL | 11,86 | | | 11,86 | 10,93 | | | 10,93 | 10,12 | | | 10,12 | 9,03 | | | 9,03 | 7,30 | | | 7,30 | 49,24 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 4,00/5,00/6,00/7,26/10,00 | M65 | 1. | Mandt | Willi | 1954 | Pulheimer SC | GER | 12,76 | | | 12,76 | 11,56 | | | 11,56 | 10,53 | | | 10,53 | 9,53 | | | 9,53 | 7,95 | | | 7,95 | 52,33 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 4,00/5,00/6,00/7,26/10,00 | M65 | 2. | Stein | Johann | 1951 | Pulheimer SC | GER | 11,90 | | | 11,90 | 11,46 | | | 11,46 | 10,41 | | | 10,41 | 9,56 | | | 9,56 | 7,83 | | | 7,83 | 51,16 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 4,00/5,00/6,00/7,26/10,00 | M65 | 3. | Griesberg | Rolf | 1952 | Pulheimer SC | GER | 12,01 | | | 12,01 | 10,86 | | | 10,86 | 10,31 | | | 10,31 | 9,27 | | | 9,27 | 7,52 | | | 7,52 | 49,97 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M70 | 1. | Loddeke | Heinrich | 1947 | Pulheimer SC | GER | 9,90 | | | 9,90 | 8,66 | | | 8,66 | 7,67 | | | 7,67 | 7,05 | | | 7,05 | 6,41 | | | 6,41 | 39,69 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M75 | 1. | Tobias | Hubert | 1943 | Gdańsk | POL | 11,06 | | | 11,06 | 10,09 | | | 10,09 | 9,20 | | | 9,20 | 8,53 | | | 8,53 | 7,32 | | | 7,32 | 46,20 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M75 | 2. | Borzecki | Stefan | 1945 | Malbork | POL | 8,89 | | | 8,89 | 7,86 | | | 7,86 | 7,14 | | | 7,14 | 6,45 | | | 6,45 | 5,94 | | | 5,94 | 36,28 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M80 | 1. | Wolf | Dieter | 1937 | TSV Bayer Dormagen | GER | 9,32 | | | 9,32 | 8,44 | | | 8,44 | 7,70 | | | 7,70 | 6,86 | | | 6,86 | 6,58 | | | 6,58 | 38,90 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M80 | 2. | Schmitz | Heinz Georg | 1936 | TSV Bayer Dormagen | GER | 9,01 | | | 9,01 | 7,97 | | | 7,97 | 7,30 | | | 7,30 | 6,50 | | | 6,50 | 5,90 | | | 5,90 | 36,68 m | 15.01.2020 | Dormagen | Hallenwettkampf |
| Kugelstoß 5-K | 3,00/4,00/5,00/6,00/7,26 | M80 | 3. | Czupkiewicz | Lechosław | 1937 | Gdańsk | POL | 8,33 | | | 8,33 | 7,62 | | | 7,62 | 6,98 | | | 6,98 | 6,64 | | | 6,64 | 5,80 | | | 5,80 | 35,37 m | 18.01.2020 | Tczew (Polen) | |
| Kugelstoß 5-K | 2,50/3,00/4,00/5,00/6,00 | W55 | 1. | Mandt | Roswitha | 1961 | Pulheimer SC | GER | 7,71 | | | 7,71 | 7,52 | | | 7,52 | 6,44 | | | 6,44 | 5,65 | | | 5,65 | 5,60 | | | 5,60 | 32,92 m | 15.01.2020 | Dormagen | Hallenwettkampf |

| Disziplin | G1/G2/G3/G4/G5 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | BG1S1 | BG2S1 | BG3S1 | BG4S1 | BG5S1 | GesS1 | Name | Vorname | Jg | BG1S2 | BG2S2 | BG3S1 | BG4S2 | BG5S2 | GesS2 | Name | Vorname | Jg | BG1S3 | BG2S3 | BG3S3 | BG4S3 | BG5S3 | GesS3 | WGesM | Datum | WK-Ort | |
|---------------|---------------------------|------------|-----|-------|---------------|--------|------|---------|------|-------|-------|-------|-------|-------|-------|-------|---------|------|-------|-------|-------|-------|-------|-------|-----------|---------|------|-------|-------|-------|-------|-------|-------|----------|------------|----------|-----------------|
| Kugelstoß 5-K | 4,00/5,00/6,00/7,26/10,00 | Mannschaft | M65 | 1. | Pullheimer SC | GER | Stem | Johann | 1951 | 11,90 | 11,46 | 10,41 | 9,56 | 7,83 | 51,16 | Mandt | Willi | 1954 | 12,76 | 11,56 | 10,53 | 9,53 | 7,95 | 52,33 | Griesberg | Rolf | 1952 | 12,01 | 10,86 | 10,31 | 9,27 | 7,52 | 49,97 | 153,46 m | 15.01.2020 | Dornagen | Hallenwettkampf |

| Disziplin | G1/G2/G3 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | VBG1 | V1G2 | V2G2 | V3G2 | VBG2 | V1G3 | V2G3 | V3G3 | VBG3 | WGes | Datum | WK-Ort |
|-----------------|----------------|-----|-------|-----------|-------------|------|--------------------|--------|-------|------|------|-------|-------|------|------|-------|-------|------|------|-------|-------|------------|----------|
| Kugelschock 3-K | 2,50/3,00/4,00 | M60 | 1. | Tillmann | Thomas | 1957 | SG Langenfeld | GER | 18,38 | | | 18,38 | 17,20 | | | 17,20 | 14,19 | | | 14,19 | 49,77 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,50/3,00/4,00 | M65 | 1. | Mandt | Willi | 1954 | Pulheimer SC | GER | 23,07 | | | 23,07 | 21,10 | | | 21,10 | 16,82 | | | 16,82 | 60,99 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,50/3,00/4,00 | M65 | 2. | Griesberg | Rolf | 1952 | Pulheimer SC | GER | 21,75 | | | 21,75 | 17,09 | | | 17,09 | 13,79 | | | 13,79 | 52,63 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,50/3,00/4,00 | M65 | 3. | Wolowski | Joachim | 1954 | Pulheimer SC | GER | 17,32 | | | 17,32 | 15,75 | | | 15,75 | 12,89 | | | 12,89 | 45,96 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,00/2,50/3,00 | M70 | 1. | Leske | Michael | 1949 | SG Langenfeld | GER | 20,09 | | | 20,09 | 17,99 | | | 17,99 | 15,78 | | | 15,78 | 53,86 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,00/2,50/3,00 | M80 | 1. | Wolf | Dieter | 1937 | TSV Bayer Dormagen | GER | 16,27 | | | 16,27 | 14,62 | | | 14,62 | 12,43 | | | 12,43 | 43,32 | 15.02.2020 | Dormagen |
| Kugelschock 3-K | 2,00/2,50/3,00 | M80 | 2. | Schmitz | Heinz Georg | 1936 | TSV Bayer Dormagen | GER | 15,07 | | | 15,07 | 12,62 | | | 12,62 | 11,39 | | | 11,39 | 39,08 | 15.02.2020 | Dormagen |

| Disziplin | G1/G2/G3 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | BG1S1 | BG2S1 | BG3S1 | GesS1 | Name | Vorname | Jg | BG1S2 | BG2S2 | BG3S2 | GesS2 | Name | Vorname | Jg | BG1S3 | BG2S3 | BG3S3 | GesS3 | WGesM | Datum | WK-Ort |
|-----------------|----------------|------------|-----|-------|--------------|--------|-------|---------|------|-------|-------|-------|-------|----------|---------|------|-------|-------|-------|-------|-----------|---------|------|-------|-------|-------|-------|--------|------------|----------|
| Kugelschock 3-K | 2,50/3,00/4,00 | Mannschaft | M65 | 1. | Pulheimer SC | GER | Mandt | Willi | 1954 | 23,07 | 21,10 | 16,82 | 60,99 | Wolowski | Joachim | 1954 | 17,32 | 15,75 | 12,89 | 45,96 | Griesberg | Rolf | 1952 | 21,75 | 17,09 | 13,79 | 52,63 | 159,58 | 15.02.2020 | Dormagen |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|----------------|------|-----|-------|-------|----------|------|-------------------------|--------|-------|------|------|------|------|------|---------|------------|-------------|
| Eisenschleuder | 2,00 | M65 | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 36,70 | | | | | | 36,70 m | 15.03.2020 | Mutterstadt |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|-----------|------|------|-------|-------------|-----------|------|-------------------------|--------|-------|-------|------|------|------|------|---------|------------|------------------------|
| Diskus Gr | 5,00 | MHK | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 18,52 | | | | | | 18,52 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | MHK | 2. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 17,53 | | | | | | 17,53 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | MHK | 3. | Chmielecki | Marcin | 1981 | Tczew | POL | 16,85 | | | | | | 16,85 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | MHK | 4. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 16,01 | | | | | | 16,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 5. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 14,57 | | | | | | 14,57 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 6. | Zachrau | Dominique | 1981 | RKS Phoenix Mutterstadt | GER | 14,01 | 14,01 | | | | | 14,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 7. | Adams | Mike | 1999 | TSG Haßloch | GER | 14,01 | 13,89 | | | | | 14,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 8. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 13,66 | | | | | | 13,66 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 9. | Lux | Dennis | 2001 | TSG Haßloch | GER | 13,54 | | | | | | 13,54 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 10. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 13,14 | | | | | | 13,14 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | MHK | 11. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 12,70 | | | | | | 12,70 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 12. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 11,82 | | | | | | 11,82 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 13. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 10,00 | | | | | | 10,00 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | MHK | 14. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 8,50 | | | | | | 8,50 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,75 | MU20 | 1. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 21,67 | | | | | | 21,67 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,75 | MU20 | 2. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 18,13 | | | | | | 18,13 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 3,75 | MU20 | 3. | Lux | Dennis | 2001 | TSG Haßloch | GER | 16,61 | | | | | | 16,61 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 16,01 | | | | | | 16,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 14,57 | | | | | | 14,57 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Zachrau | Dominique | 1981 | RKS Phoenix Mutterstadt | GER | 14,01 | 14,01 | | | | | 14,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | 1. | Adams | Mike | 1999 | TSG Haßloch | GER | 14,01 | 13,89 | | | | | 14,01 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 13,66 | | | | | | 13,66 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Lux | Dennis | 2001 | TSG Haßloch | GER | 13,54 | | | | | | 13,54 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 12,70 | | | | | | 12,70 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 11,82 | | | | | | 11,82 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 10,00 | | | | | | 10,00 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M20 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 8,50 | | | | | | 8,50 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | M35 | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 18,52 | | | | | | 18,52 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | M35 | 2. | Chmielecki | Marcin | 1981 | Tczew | POL | 16,85 | | | | | | 16,85 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | M40 | 1. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 17,53 | | | | | | 17,53 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 5,00 | M40 | 2. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 13,14 | | | | | | 13,14 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 3,00 | M60 | 1. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 19,61 | | | | | | 19,61 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,00 | M60 | 2. | Drażkowski | Mariusz | 1956 | Zakrzewo Złotowskie | POL | 16,80 | | | | | | 16,80 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 3,00 | M60 | 3. | Obuchowski | Jan | 1957 | NM Lubawskie | POL | 16,45 | | | | | | 16,45 m | 18.01.2020 | Tczew (Polen) (aus 3k) |
| Diskus Gr | 3,00 | M60 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,37 | | | | | | 15,37 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,00 | M60 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,44 | | | | | | 12,44 m | 12.01.2020 | Mutterstadt |

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|-----------|------|-----|------|-------------|-------------|------|-------------------------|-----|-------|---------|------------|---------------|----------|
| Diskus Gr | 3,00 | M65 | 1. | Griesberg | Rolf | 1952 | Pulheimer SC | GER | 23,51 | 23,51 m | 15.01.2020 | Dormagen | (aus 3k) |
| Diskus Gr | 3,00 | M65 | 2. | Stein | Johann | 1951 | Pulheimer SC | GER | 22,86 | 22,86 m | 15.01.2020 | Dormagen | (aus 3k) |
| Diskus Gr | 3,00 | M65 | 3. | Mandt | Willi | 1954 | Pulheimer SC | GER | 21,64 | 21,64 m | 15.01.2020 | Dormagen | (aus 3k) |
| Diskus Gr | 3,00 | M65 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,23 | 20,23 m | 12.01.2020 | Mutterstadt | |
| Diskus Gr | 3,00 | M65 | 4. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,62 | 15,62 m | 12.01.2020 | Mutterstadt | |
| Diskus Gr | 3,00 | M65 | 5. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,89 | 12,89 m | 12.01.2020 | Mutterstadt | |
| | | | | | | | | | | | | | |
| Diskus Gr | 2,50 | M70 | 1. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 23,12 | 23,12 m | 15.03.2020 | Mutterstadt | |
| Diskus Gr | 2,50 | M70 | 2. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 21,88 | 21,88 m | 12.01.2020 | Mutterstadt | |
| Diskus Gr | 2,50 | M70 | 3. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 20,53 | 20,53 m | 12.01.2020 | Mutterstadt | |
| Diskus Gr | 2,50 | M70 | 4. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 19,84 | 19,84 m | 15.03.2020 | Mutterstadt | |
| Diskus Gr | 2,50 | M70 | 5. | Loddeke | Heinrich | 1947 | Pulheimer SC | GER | 15,60 | 15,60 m | 15.01.2020 | Dormagen | (aus 3k) |
| | | | | | | | | | | | | | |
| Diskus Gr | 2,50 | M75 | 1. | Tobias | Hubert | 1943 | Gdańsk | POL | 15,55 | 15,55 m | 18.01.2020 | Tczew (Polen) | (aus 3k) |
| Diskus Gr | 2,50 | M75 | 2. | Borzecki | Stefan | 1945 | Malbork | POL | 14,87 | 14,87 m | 18.01.2020 | Tczew (Polen) | (aus 3k) |
| | | | | | | | | | | | | | |
| Diskus Gr | 2,50 | M80 | 1. | Czupkiewicz | Lechosław | 1937 | Gdańsk | POL | 14,53 | 14,53 m | 18.01.2020 | Tczew (Polen) | (aus 3k) |
| Diskus Gr | 2,50 | M80 | 2. | Schmitz | Heinz Georg | 1936 | TSV Bayer Dormagen | GER | 13,72 | 13,72 m | 15.01.2020 | Dormagen | |
| Diskus Gr | 2,50 | M80 | 3. | Wolf | Dieter | 1937 | TSV Bayer Dormagen | GER | 13,12 | 13,12 m | 15.01.2020 | Dormagen | |

| Disziplin | G1 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | VBS1 | Name | Vorname | Jg | VBS2 | Name | Vorname | Jg | VBS3 | WGesM | Datum | WK-Ort |
|-----------|------|------------|-----|-------|-------------------------|--------|------------|----------|------|-------|------------|-----------|------|-------|---------|----------|------|-------|---------|------------|-------------|
| Diskus Gr | 5,00 | Mannschaft | MHK | 1. | TSG Haßloch | GER | Füßer | Thomas | 2001 | 16,01 | Adams | Mike | 1999 | 14,01 | Lux | Dennis | 2001 | 13,54 | 43,56 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | Mannschaft | MHK | 1. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 14,57 | Zachrau | Dominique | 1981 | 14,01 | Büttler | Kurt | 1946 | 11,82 | 40,40 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | Mannschaft | MHK | 1. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 13,66 | Gundermann | Norbert | 1956 | 12,70 | Rhaue | Reinhard | 1952 | 10,00 | 36,36 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 5,00 | Mannschaft | M20 | 1. | TSG Haßloch | GER | Füßer | Thomas | 2001 | 16,01 | Adams | Mike | 1999 | 14,01 | Lux | Dennis | 2001 | 13,54 | 43,56 m | 15.03.2020 | Mutterstadt |
| Diskus Gr | 5,00 | Mannschaft | M20 | a.W. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 13,66 | Gundermann | Norbert | 1956 | 12,70 | Rhaue | Reinhard | 1952 | 10,00 | 36,36 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,00 | Mannschaft | M60 | 1. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 19,61 | Rhaue | Reinhard | 1952 | 15,37 | Tretter | Bernhard | 1954 | 12,44 | 47,42 m | 12.01.2020 | Mutterstadt |
| Diskus Gr | 3,00 | Mannschaft | M65 | 1. | RKS Phoenix Mutterstadt | GER | Rhaue | Reinhard | 1952 | 15,62 | Tretter | Bernhard | 1954 | 12,89 | Zachrau | Gerhard | 1949 | 20,23 | 48,74 m | 12.01.2020 | Mutterstadt |

| Disziplin | G1/G2/G3 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | VBG1 | V1G2 | V2G2 | V3G2 | VBG2 | V1G3 | V2G3 | V3G3 | VBG3 | WGes | Datum | WK-Ort |
|--------------|----------------|------|-------|--------------|----------|------|-------------------------|--------|-------|------|------|-------|-------|------|------|-------|-------|------|------|-------|---------|------------|--------------------------|
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 26,36 | | | 26,36 | 24,05 | | | 24,05 | 18,52 | | | 18,52 | 68,93 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 2. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 24,21 | | | 24,21 | 21,77 | | | 21,77 | 17,53 | | | 17,53 | 63,51 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 3. | Chmielecki | Marcin | 1981 | Tczew | POL | 22,93 | | | 22,93 | 20,89 | | | 20,89 | 16,85 | | | 16,85 | 60,67 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 4. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 20,23 | | | 20,23 | 18,13 | | | 18,13 | 16,01 | | | 16,01 | 54,37 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 5. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,21 | | | 20,21 | 17,20 | | | 17,20 | 14,57 | | | 14,57 | 51,98 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 6. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,81 | | | 20,81 | 17,01 | | | 17,01 | 13,66 | | | 13,66 | 51,48 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 7. | Adams | Mike | 1999 | TSG Haßloch | GER | 18,23 | | | 18,23 | 16,67 | | | 16,67 | 14,01 | | | 14,01 | 48,91 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 8. | Ozimekiewicz | Marek | 1976 | Elbląg | POL | 18,94 | | | 18,94 | 16,68 | | | 16,68 | 13,14 | | | 13,14 | 48,76 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 9. | Lux | Dennis | 2001 | TSG Haßloch | GER | 18,14 | | | 18,14 | 16,61 | | | 16,61 | 13,54 | | | 13,54 | 48,29 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 10. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 19,61 | | | 19,61 | 15,81 | | | 15,81 | 12,70 | | | 12,70 | 48,12 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 11. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 17,45 | | | 17,45 | 15,54 | | | 15,54 | 11,82 | | | 11,82 | 44,81 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 12. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,62 | | | 15,62 | 13,19 | | | 13,19 | 10,00 | | | 10,00 | 38,81 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | MHK | 13. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,89 | | | 12,89 | 10,54 | | | 10,54 | 8,50 | | | 8,50 | 31,93 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | MU20 | 1. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 22,11 | | | 22,11 | 20,23 | | | 20,23 | 18,13 | | | 18,13 | 60,47 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | MU20 | 2. | Lux | Dennis | 2001 | TSG Haßloch | GER | 20,63 | | | 20,63 | 18,14 | | | 18,14 | 16,61 | | | 16,61 | 55,38 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 20,23 | | | 20,23 | 18,13 | | | 18,13 | 16,01 | | | 16,01 | 54,37 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,21 | | | 20,21 | 17,20 | | | 17,20 | 14,57 | | | 14,57 | 51,98 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,81 | | | 20,81 | 17,01 | | | 17,01 | 13,66 | | | 13,66 | 51,48 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | 1. | Adams | Mike | 1999 | TSG Haßloch | GER | 18,23 | | | 18,23 | 16,67 | | | 16,67 | 14,01 | | | 14,01 | 48,91 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Lux | Dennis | 2001 | TSG Haßloch | GER | 18,14 | | | 18,14 | 16,61 | | | 16,61 | 13,54 | | | 13,54 | 48,29 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 19,61 | | | 19,61 | 15,81 | | | 15,81 | 12,70 | | | 12,70 | 48,12 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 17,45 | | | 17,45 | 15,54 | | | 15,54 | 11,82 | | | 11,82 | 44,81 m | 15.03.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,62 | | | 15,62 | 13,19 | | | 13,19 | 10,00 | | | 10,00 | 38,81 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M20 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,89 | | | 12,89 | 10,54 | | | 10,54 | 8,50 | | | 8,50 | 31,93 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 3,00/3,75/5,00 | M35 | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 26,36 | | | 26,36 | 24,05 | | | 24,05 | 18,52 | | | 18,52 | 68,93 m | 18.01.2020 | Tczew (Polen) WBL |
| Diskus Gr 3K | 3,00/3,75/5,00 | M35 | 2. | Chmielecki | Marcin | 1981 | Tczew | POL | 22,93 | | | 22,93 | 20,89 | | | 20,89 | 16,85 | | | 16,85 | 60,67 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | M40 | 1. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 24,21 | | | 24,21 | 21,77 | | | 21,77 | 17,53 | | | 17,53 | 63,51 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 3,00/3,75/5,00 | M40 | 2. | Ozimekiewicz | Marek | 1976 | Elbląg | POL | 18,94 | | | 18,94 | 16,68 | | | 16,68 | 13,14 | | | 13,14 | 48,76 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 2,50/3,00/3,75 | M60 | 1. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 20,41 | | | 20,41 | 19,61 | | | 19,61 | 15,81 | | | 15,81 | 55,83 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | M60 | 2. | Drązkowski | Mariusz | 1956 | Zakrzewo Złotowskie | POL | 19,12 | | | 19,12 | 16,80 | | | 16,80 | 14,55 | | | 14,55 | 50,47 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 2,50/3,00/3,75 | M60 | 3. | Obuchowski | Jan | 1957 | NM Lubawskie | POL | 18,18 | | | 18,18 | 16,45 | | | 16,45 | 15,69 | | | 15,69 | 50,32 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 2,50/3,00/3,75 | M60 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 17,45 | | | 17,45 | 15,37 | | | 15,37 | 12,91 | | | 12,91 | 45,73 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | M60 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 13,66 | | | 13,66 | 12,44 | | | 12,44 | 10,54 | | | 10,54 | 36,64 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | 1. | Griesberg | Rolf | 1952 | Pulheimer SC | GER | 24,90 | | | 24,90 | 23,51 | | | 23,51 | 20,50 | | | 20,50 | 68,91 m | 15.01.2020 | Dormagen |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | 2. | Stein | Johann | 1951 | Pulheimer SC | GER | 24,76 | | | 24,76 | 22,86 | | | 22,86 | 20,25 | | | 20,25 | 67,87 m | 15.01.2020 | Dormagen |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | 3. | Mandt | Willi | 1954 | Pulheimer SC | GER | 23,60 | | | 23,60 | 21,64 | | | 21,64 | 19,11 | | | 19,11 | 64,35 m | 15.01.2020 | Dormagen |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 21,88 | | | 21,88 | 20,81 | | | 20,81 | 17,01 | | | 17,01 | 59,70 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | 4. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 16,86 | | | 16,86 | 15,62 | | | 15,62 | 13,19 | | | 13,19 | 45,67 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,50/3,00/3,75 | M65 | 5. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 13,37 | | | 13,37 | 12,89 | | | 12,89 | 10,32 | | | 10,32 | 36,58 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,00/2,50/3,00 | M70 | 1. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 24,16 | | | 24,16 | 21,88 | | | 21,88 | 20,81 | | | 20,81 | 66,85 m | 12.01.2020 | Mutterstadt |
| Diskus Gr 3K | 2,00/2,50/3,00 | M70 | 2. | Loddeke | Heinrich | 1947 | Pulheimer SC | GER | 16,30 | | | 16,30 | 15,60 | | | 15,60 | 13,21 | | | 13,21 | 45,11 m | 15.01.2020 | Dormagen |
| Diskus Gr 3K | 2,00/2,50/3,00 | M75 | 1. | Tobias | Hubert | 1943 | Gdańsk | POL | 15,55 | | | 15,55 | 14,27 | | | 14,27 | 12,95 | | | 12,95 | 42,77 m | 18.01.2020 | Tczew (Polen) |
| Diskus Gr 3K | 2,00/2,50/3,00 | M75 | 2. | Borzecki | Stefan | 1945 | Malbork | POL | 14,87 | | | 14,87 | 12,68 | | | 12,68 | 11,30 | | | 11,30 | 38,85 m | 18.01.2020 | Tczew (Polen) |

| Disziplin | G1/G2/G3 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | BG1S1 | BG2S1 | BG3S1 | GesS1 | Name | Vorname | Jg | BG1S2 | BG2S2 | BG3S2 | GesS2 | Name | Vorname | Jg | BG1S3 | BG2S3 | BG3S3 | GesS3 | WGesM | Datum | WK-Ort | | |
|--------------|----------------|------------|-----|-------|-------------------------|--------|------------|----------|------|-------|-------|-------|-------|------------|----------|------|-------|-------|-------|-------|-----------|----------|------|-------|-------|-------|-------|--------|-------|------------|-------------|-----|
| Diskus Gr 3K | 3,00/3,75/5,00 | Mannschaft | MHK | 1. | TSG Haßloch | GER | Füßer | Thomas | 2001 | 20,23 | 18,13 | 16,01 | 54,37 | Adams | Mike | 1999 | 18,23 | 16,67 | 14,01 | 48,91 | Lux | Dennis | 2001 | 18,14 | 16,61 | 13,54 | 48,29 | 151,57 | m | 15.03.2020 | Mutterstadt | |
| Diskus Gr 3K | 3,00/3,75/5,00 | Mannschaft | MHK | 2. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 20,81 | 17,01 | 13,66 | 51,48 | Gundermann | Norbert | 1956 | 19,61 | 15,81 | 12,70 | 48,12 | Rhaue | Reinhard | 1952 | 15,62 | 13,19 | 10,00 | 38,81 | 138,41 | m | 12.01.2020 | Mutterstadt | |
| Diskus Gr 3K | 3,00/3,75/5,00 | Mannschaft | M20 | a.W. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 20,81 | 17,01 | 13,66 | 51,48 | Gundermann | Norbert | 1956 | 19,61 | 15,81 | 12,70 | 48,12 | Rhaue | Reinhard | 1952 | 15,62 | 13,19 | 10,00 | 38,81 | 138,41 | m | 12.01.2020 | Mutterstadt | |
| Diskus Gr 3K | 2,50/3,00/3,75 | Mannschaft | M60 | 1. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 20,41 | 19,61 | 15,81 | 55,83 | Rhaue | Reinhard | 1952 | 17,45 | 15,37 | 12,91 | 45,73 | Tretter | Bernhard | 1954 | 13,66 | 12,44 | 10,54 | 36,64 | 138,20 | m | 12.01.2020 | Mutterstadt | |
| Diskus Gr 3K | 2,50/3,00/3,75 | Mannschaft | M65 | 1. | Pulheimer SC | GER | Stein | Johann | 1951 | 24,76 | 22,86 | 20,25 | 67,87 | Mandt | Willi | 1954 | 23,60 | 21,64 | 19,11 | 64,35 | Griesberg | Rolf | 1952 | 24,90 | 23,51 | 20,50 | 68,91 | 201,13 | m | 15.01.2020 | Dormagen | WBL |
| Diskus Gr 3K | 2,50/3,00/3,75 | Mannschaft | M65 | 2. | RKS Phoenix Mutterstadt | GER | Rhaue | Reinhard | 1952 | 16,86 | 15,62 | 13,19 | 45,67 | Tretter | Bernhard | 1954 | 13,37 | 12,89 | 10,32 | 36,58 | Zachrau | Gerhard | 1949 | 21,88 | 20,81 | 17,01 | 59,70 | 141,95 | m | 12.01.2020 | Mutterstadt | |

| Disziplin | G1/G2/G3 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | VBG1 | V1G2 | V2G2 | V3G2 | VBG2 | V1G3 | V2G3 | V3G3 | VBG3 | WGes | Datum | WK-Ort |
|---------------|----------------|------|-------|---------|---------|------|-------------------------|--------|-------|------|------|-------|-------|------|------|-------|-------|------|------|-------|---------|------------|-------------|
| Diskuswurf 3K | 1,50/1,75/2,00 | MHK | 1. | Adams | Mike | 1999 | TSG Haßloch | GER | 35,72 | | | 35,72 | 32,01 | | | 32,01 | 29,16 | | | 29,16 | 96,89 m | 15.03.2020 | Mutterstadt |
| Diskuswurf 3K | 1,50/1,75/2,00 | MHK | 2. | Adams | Mike | 1999 | TSG Haßloch | GER | 34,71 | | | 34,71 | 32,46 | | | 32,46 | 28,13 | | | 28,13 | 95,30 m | 12.01.2020 | Mutterstadt |
| Diskuswurf 3K | 1,25/1,50/1,75 | MU20 | 1. | Lux | Dennis | 2001 | TSG Haßloch | GER | 34,28 | | | 34,28 | 32,34 | | | 32,34 | 30,12 | | | 30,12 | 96,74 m | 12.01.2020 | Mutterstadt |
| Diskuswurf 3K | 1,50/1,75/2,00 | M20 | 1. | Adams | Mike | 1999 | TSG Haßloch | GER | 35,72 | | | 35,72 | 32,01 | | | 32,01 | 29,16 | | | 29,16 | 96,89 m | 15.03.2020 | Mutterstadt |
| Diskuswurf 3K | 1,50/1,75/2,00 | M20 | 2. | Adams | Mike | 1999 | TSG Haßloch | GER | 34,71 | | | 34,71 | 32,46 | | | 32,46 | 28,13 | | | 28,13 | 95,30 m | 12.01.2020 | Mutterstadt |
| Diskuswurf 3K | 0,75/1,00/1,25 | M70 | 1. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 35,65 | | | 35,65 | 32,14 | | | 32,14 | 28,67 | | | 28,67 | 96,46 m | 15.03.2020 | Mutterstadt |
| Diskuswurf 3K | 0,75/1,00/1,25 | M70 | 2. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 34,41 | | | 34,41 | 31,16 | | | 31,16 | 29,53 | | | 29,53 | 95,10 m | 12.01.2020 | Mutterstadt |

| Disziplin | G1/G2/G3 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | VBG1 | V1G2 | V2G2 | V3G2 | VBG2 | V1G3 | V2G3 | V3G3 | VBG3 | WGes | Datum | WK-Ort | |
|--------------|-----------------|-----|-------|-----------|-------------|------|--------------------|--------|-------|------|------|-------|------|------|------|------|------|------|------|------|-------|--------------|----------|-----------------|
| Steinstoß 3K | 5,00/7,50/10,00 | M65 | 1. | Tillmann | Thomas | 1957 | SG Langenfeld | GER | 10,22 | | | 10,22 | 8,19 | | | 8,19 | 7,04 | | | 7,04 | 25,45 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 5,00/7,50/10,00 | M65 | 1. | Mandt | Willi | 1954 | Pulheimer SC | GER | 11,15 | | | 11,15 | 9,08 | | | 9,08 | 7,77 | | | 7,77 | 28,00 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 5,00/7,50/10,00 | M65 | 2. | Griesberg | Rolf | 1952 | Pulheimer SC | GER | 11,16 | | | 11,16 | 9,10 | | | 9,10 | 7,55 | | | 7,55 | 27,81 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 3,00/5,00/7,50 | M70 | 1. | Leske | Michael | 1949 | SG Langenfeld | GER | 10,30 | | | 10,30 | 8,55 | | | 8,55 | 6,86 | | | 6,86 | 25,71 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 3,00/5,00/7,50 | M80 | 1. | Wolf | Dieter | 1937 | TSV Bayer Dormagen | GER | 9,74 | | | 9,74 | 7,55 | | | 7,55 | 5,92 | | | 5,92 | 23,21 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 3,00/5,00/7,50 | M80 | 2. | Schmitz | Heinz Georg | 1936 | TSV Bayer Dormagen | GER | 8,90 | | | 8,90 | 7,58 | | | 7,58 | 5,76 | | | 5,76 | 22,24 | m 15.02.2020 | Dormagen | Hallenwettkampf |
| Steinstoß 3K | 3,00/5,00/7,50 | W55 | 1. | Mandt | Roswitha | 1961 | Pulheimer SC | GER | 6,75 | | | 6,75 | 5,78 | | | 5,78 | 4,52 | | | 4,52 | 17,05 | m 15.02.2020 | Dormagen | Hallenwettkampf |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|-------------------|------|------|-------|---------|----------|------|-------------------------|--------|-------|------|------|------|------|------|---------|------------|-------------|
| Einarmgewichtwurf | 7,50 | MHK | 1. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 24,34 | | | | | | 24,34 m | 12.01.2020 | Mutterstadt |
| Einarmgewichtwurf | 7,50 | MHK | 2. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,96 | | | | | | 15,96 m | 15.03.2020 | Mutterstadt |
| Einarmgewichtwurf | 7,50 | MU20 | 1. | Füßer | Thomas | 2001 | TSG Haßloch | GER | 24,34 | | | | | | 24,34 m | 12.01.2020 | Mutterstadt |
| Einarmgewichtwurf | 7,50 | M55 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,96 | | | | | | 15,96 m | 15.03.2020 | Mutterstadt |
| Einarmgewichtwurf | 5,00 | M65 | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 21,10 | | | | | | 21,10 m | 15.03.2020 | Mutterstadt |
| Einarmgewichtwurf | 3,00 | M70 | 1. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 28,56 | | | | | | 28,56 m | 12.01.2020 | Mutterstadt |
| Einarmgewichtwurf | 3,00 | M70 | 2. | Büttler | Kurt | 1946 | RKS Phoenix Mutterstadt | GER | 27,51 | | | | | | 27,51 m | 15.03.2020 | Mutterstadt |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|------------------|-------|-----|-------|-------|----------|------|-------------------------|--------|------|------|------|------|------|------|--------|------------|-------------|
| Hist Gewichtwurf | 25,40 | MHK | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 4,28 | | | | | | 4,28 m | 15.03.2020 | Mutterstadt |
| Hist Gewichtwurf | 25,40 | M65 | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 4,28 | | | | | | 4,28 m | 15.03.2020 | Mutterstadt |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|----------------|-------|-----|-------|-------------|-----------|------|-------------------------|--------|-------|------|------|------|------|------|---------|------------|---------------|
| Schottenhammer | 13,00 | MHK | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 17,20 | | | | | | 17,20 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | MHK | 2. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 15,12 | | | | | | 15,12 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | MHK | 3. | Chmielecki | Marcin | 1981 | Tczew | POL | 13,41 | | | | | | 13,41 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | MHK | 4. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 10,69 | | | | | | 10,69 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | MHK | 5. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 10,66 | | | | | | 10,66 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | MHK | 6. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 10,05 | | | | | | 10,05 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | MHK | 7. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 9,86 | | | | | | 9,86 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | MHK | 8. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 6,39 | | | | | | 6,39 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | M20 | a.W. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 10,69 | | | | | | 10,69 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 10,05 | | | | | | 10,05 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | M20 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 9,86 | | | | | | 9,86 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | M20 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 6,39 | | | | | | 6,39 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | M35 | 1. | Suchanowski | Maciej | 1983 | Gdańsk | POL | 17,20 | | | | | | 17,20 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | M35 | 2. | Chmielecki | Marcin | 1981 | Tczew | POL | 13,41 | | | | | | 13,41 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | M40 | 1. | Tyrolski | Grzegorz | 1976 | Tczew | POL | 15,12 | | | | | | 15,12 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 13,00 | M40 | 2. | Ozimkiewicz | Marek | 1976 | Elbląg | POL | 10,66 | | | | | | 10,66 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 8,00 | M60 | 1. | Obuchowski | Jan | 1957 | NM Lubawskie | POL | 22,57 | | | | | | 22,57 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 8,00 | M60 | 2. | Drązkowski | Mariusz | 1956 | Zakrzewo Złotowskie | POL | 16,98 | | | | | | 16,98 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 8,00 | M60 | 3. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 16,43 | | | | | | 16,43 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | M60 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 14,01 | | | | | | 14,01 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | M60 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 11,55 | | | | | | 11,55 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | M65 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 15,43 | | | | | | 15,43 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | M65 | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 14,29 | | | | | | 14,29 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | M65 | 2. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 11,23 | | | | | | 11,23 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 5,00 | M70 | 1. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 20,75 | | | | | | 20,75 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 5,00 | M75 | 1. | Tobias | Hubert | 1943 | Gdańsk | POL | 22,09 | | | | | | 22,09 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 5,00 | M75 | 2. | Borzecki | Stefan | 1945 | Malbork | POL | 16,38 | | | | | | 16,38 m | 18.01.2020 | Tczew (Polen) |
| Schottenhammer | 5,00 | M80 | 1. | Czupkiewicz | Lechosław | 1937 | Gdańsk | POL | 20,14 | | | | | | 20,14 m | 18.01.2020 | Tczew (Polen) |

| Disziplin | G1 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | VBS1 | Name | Vorname | Jg | VBS2 | Name | Vorname | Jg | VBS3 | WGesM | Datum | WK-Ort |
|----------------|-------|------------|-----|-------|-------------------------|--------|------------|----------|------|-------|---------|----------|------|-------|---------|----------|------|-------|---------|------------|-------------|
| Schottenhammer | 13,00 | Mannschaft | MHK | 1. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 10,69 | Zachrau | Gerhard | 1949 | 10,05 | Rhaue | Reinhard | 1952 | 9,86 | 30,60 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 13,00 | Mannschaft | M20 | a.W. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 10,69 | Zachrau | Gerhard | 1949 | 10,05 | Rhaue | Reinhard | 1952 | 9,86 | 30,60 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | Mannschaft | M60 | 1. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 16,43 | Rhaue | Reinhard | 1952 | 14,01 | Tretter | Bernhard | 1954 | 11,55 | 41,99 m | 12.01.2020 | Mutterstadt |
| Schottenhammer | 8,00 | Mannschaft | M65 | 1. | RKS Phoenix Mutterstadt | GER | Rhaue | Reinhard | 1952 | 14,29 | Tretter | Bernhard | 1954 | 11,23 | Zachrau | Gerhard | 1949 | 15,43 | 40,95 m | 12.01.2020 | Mutterstadt |

| Disziplin | G1 | AK | Platz | Name | Vorname | Jg | Verein | Nation | V1G1 | V2G1 | V3G1 | V4G1 | V5G1 | V6G1 | VBG1 | Datum | WK-Ort |
|----------------|-------|-----|-------|------------|----------|------|-------------------------|--------|-------|------|------|------|------|------|---------|------------|-------------|
| Igmanderhammer | 13,00 | MHK | 1. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 12,88 | | | | | | 12,88 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | MHK | 2. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 12,33 | | | | | | 12,33 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | MHK | 3. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 10,15 | | | | | | 10,15 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | MHK | 4. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 7,23 | | | | | | 7,23 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | M20 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 12,88 | | | | | | 12,88 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | M20 | a.W. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 12,33 | | | | | | 12,33 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | M20 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 10,15 | | | | | | 10,15 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | M20 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 7,23 | | | | | | 7,23 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M60 | 1. | Gundermann | Norbert | 1956 | RKS Phoenix Mutterstadt | GER | 18,59 | | | | | | 18,59 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M60 | a.W. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,73 | | | | | | 15,73 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M60 | a.W. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,95 | | | | | | 12,95 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M65 | a.W. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 19,46 | | | | | | 19,46 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M65 | 1. | Rhaue | Reinhard | 1952 | RKS Phoenix Mutterstadt | GER | 15,66 | | | | | | 15,66 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | M65 | 2. | Tretter | Bernhard | 1954 | RKS Phoenix Mutterstadt | GER | 12,92 | | | | | | 12,92 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 5,00 | M70 | 1. | Zachrau | Gerhard | 1949 | RKS Phoenix Mutterstadt | GER | 25,72 | | | | | | 25,72 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 5,00 | WHK | 1. | Borutta | Anette | 1959 | RKS Phoenix Mutterstadt | GER | 15,21 | | | | | | 15,21 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 5,00 | W50 | 1. | Borutta | Anette | 1959 | RKS Phoenix Mutterstadt | GER | 15,21 | | | | | | 15,21 m | 12.01.2020 | Mutterstadt |

| Disziplin | G1 | Mannschaft | AK | Platz | Verein | Nation | Name | Vorname | Jg | VBS1 | Name | Vorname | Jg | VBS2 | Name | Vorname | Jg | VBS3 | WGesM | Datum | WK-Ort |
|----------------|-------|------------|-----|-------|-------------------------|--------|------------|----------|------|-------|------------|----------|------|-------|---------|----------|------|-------|---------|------------|-------------|
| Igmanderhammer | 13,00 | Mannschaft | MHK | 1. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 12,88 | Gundermann | Norbert | 1956 | 12,33 | Rhaue | Reinhard | 1952 | 10,15 | 35,36 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 13,00 | Mannschaft | M20 | a.W. | RKS Phoenix Mutterstadt | GER | Zachrau | Gerhard | 1949 | 12,88 | Gundermann | Norbert | 1956 | 12,33 | Rhaue | Reinhard | 1952 | 10,15 | 35,36 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | Mannschaft | M60 | 1. | RKS Phoenix Mutterstadt | GER | Gundermann | Norbert | 1956 | 18,59 | Rhaue | Reinhard | 1952 | 15,73 | Tretter | Bernhard | 1954 | 12,95 | 47,27 m | 12.01.2020 | Mutterstadt |
| Igmanderhammer | 8,00 | Mannschaft | M65 | 1. | RKS Phoenix Mutterstadt | GER | Rhaue | Reinhard | 1952 | 15,66 | Tretter | Bernhard | 1954 | 12,92 | Zachrau | Gerhard | 1949 | 19,46 | 48,04 m | 12.01.2020 | Mutterstadt |